

World Championships Metz 2010

The Salford Three Show The World What's In Store

Over the past few months Salford Trampoline Club has had some major events happen with some outstanding results. In the last few months since the National Finals the club has seen summer come and go and autumn welter away and now we have found ourselves in a cold winter. During this time the club enjoyed some summer activities away from the training hall such as climbing, cinema and bowling. Then serious work to prepare for the World Championships in Metz 2010, three members of the squad were selected to represent Great Britain, two in Trampoline discipline and one in the DMT (double mini trampoline) discipline. Sasha Carter a now veteran in the sport was not only selected for individual and synchronised trampolining but also was made team captain. Travelling with her was Courtney Warne doing DMT after a few weeks before representing England in an international in Portugal and Harry Newbold-Cozens representing his country for the first time at the age of 12.

They were to spend a week in Metz whilst the competition took place from Tuesday to Thursday the competition took place. Tuesday Morning both Sasha Carter and Harry Newbold-Cozens competed with Sasha going first she and Sophie Lewis were competing in the synchronised event, completing their first routine they made it to the final that would be held later on that day. Harry bounce next and did something no one had expected, he was in the first flight and finished his flight in second. Flight after flight followed and still Harry remained in second place, until the last bouncer from Russia knocked him from his spot at the top. He had made it to the final, way above what was expected after a target of about 15th would have been more than welcome. Finals came up and Sasha again was up first, the last time sycro had only brought heart ache after being given the Bronze just for it to be taken back due to a scoring mistake. This time she and Sophie left no question in the result as they took home a very well deserved 2nd place, making up for the lost Bronze. Harry in his first and biggest challenge was to finish of the day, he made his way out ready to do his best the other boys had up their game and had put out some fantastic routines. All this proved too much for Harry as he slipped to a still very respectable 7th place. Harry gain huge amounts of experience from this competition and is now looking forward to his National Season 2011.

Courtney Warne has been competing DMT now for just two years in this time she has moved forward at a rapid rate. Courtney has already represented England in Portugal and is well respected within the DMT community. She is also a very influential member of Salford's Trampoline Club with the club hoping that she is just the first of many that will take up the baton of DMT. This had been Courtney's dream to compete on the world stage and had been training well in the training hall. With her first pass Courtney was performing a difficult, half Out, Full in Back out combination, unfortunately Courtney didn't clear the end of the DMT as she would have wanted and ended up needing the mat pushing in. Courtney did what any true champion would do she didn't give up, didn't fret she pumped herself back up and in her second pass showed what she was capable of with her, Half Out Piked, Double back Piked combo. With this pass she scored 32.000 which one of her scores need for Senior Ladies.

Sasha was to finish the Salford participation within the World Championships, Sasha and Team Captain had been training superbly all week and was brimming with confidence after her silver

medal in synco. With all the preparation complete it was time to compete, starting with a Triff (triple somersault forward with a half turn at the end) but her Half in Half lent too much and she hit the frame pad. Crushing for Sasha as she had been hoping for so much more, but with all that had taken place that week she was able to look at the positives and was resolved to train even harder to make sure that next year when the World Championships come back to England and to the NIA Birmingham that she is ready to take on all comers.

“In all it was a privilege and a heap of fun being able to go and watch the World Championships in Metz, but to have three great kids being in it and being so positive in their approach, being so excited and upbeat was the greatest part of the experience. I only hope that I can enjoy it again and again with more of the kids at Salford. I would also like to thank all three of the guys for being brilliant all round and look forward to many more years of success”. Stephen Wood

Written on the 06th December 2010

By: Stephen Wood